



From the Office of the President

Happy New Year everyone. I hope everyone had a safe and joyous holiday this year.

ELECTIONS

Elections are fast approaching. There are 3 positions open on the FSHOA Board each year. In our recent survey there were several people that indicated that they were interested in volunteering to help our committees and to serve on the Association's Board of Directors. Most mentioned this anonymously. This is the time to come forward. Terms are for a three year period starting with the March Board meeting each year. The community always needs your support. Call me if you have any questions about the process.

If you wish to run for election to the FSHOA Board, please submit a brief biography about yourself for placement on the ballot to our Secretary, Jacque Loveall - CHEFJACQ@VERIZON.NET. She will be coordinating the election process with the community's Election Committee. She needs these by **February 1**.

DATE CHANGE

Please note on the calendar that there is a date change for the upcoming Workshop Board Meeting. It has been moved from Thursday the 6th, back to Tuesday the 4th.

COMPLIANCE COMMITTEE

The Compliance Committee needs volunteers. In our survey results of last month it was often noted that you felt that there has been too lenient of an attitude about compliance of the deed restrictions in the community, in particular, those who responded believe the Association should be engaging the attorney more for more prompt enforcement of violators that do not comply. This is where the enforcement of compliance begins.

If you want to help make a difference, please volunteer your time to work with our Director of Compliance, Charlie Cochall Hobbick to be a part of getting this job done. The Committee meets every 2nd Tuesday at the Clubhouse at 7PM. Call Charlie if you are interested in helping. I know she will appreciate your time and efforts. Her number is on page 2.

HOLIDAY LIGHTS

Thank you and appreciation to Dan Helpfrey for a nice job with the lights this Holiday Season. The entrance looked particularly good this year. Thanks Dan.

Have a successful 2011 everyone.
All the best, Scott

HAPPY NEW YEAR

Ever think about joining your Board of Directors? Please send a short bio to Secretary Loveall (please place it in the mailbox at clubhouse) by or before February 1, 2011 To get YOUR name on the ballot!

From the Landscape Director

It looks like Old Man Winter has come early this year. The frost has already wreaked havoc on many plants and the grass. Remember – do not prune away the dead looking branches yet as it could encourage the plant to start sprouting new growth and we could have more cold weather this year.

Do not fertilize your grass with a high nitrogen fertilizer in the winter but it is a good time of the year to treat the winter weeds that will grow during the winter. Also reduce your watering. You should only need once a week and the time per zone should be quite short. You just do not want the soil to dry out totally. It is also a good time to plant your winter annuals if you want some color in your yard.

FYI—The annuals at the entrance have been replaced and should look good for the winter season.

Patrick Marsh, Landscape Director

Have you returned YOUR survey?

IT'S NOT TOO LATE!!

Let your voice be heard!

At the Clubhouse

Hi Everyone,

I hope that all who celebrate had a wonderful Christmas and I wish you a safe and prosperous new year.

Thanks for all the comments about the entrance lights, I wish I could put more lights out there but the circuits will only handle so much. For some reason, even the slightest moisture cause the breakers to trip, so I have to trudge through the bushes to find the breaker. By the way, if any of you have to do that, bring a flashlight... man is it dark up there when all the lights are out. On one particular cold and wet night, I went up there and didn't have a light, other than my phone, and started feeling around for a breaker, and thinking... breakers and breaker boxes aren't suppose to be furry... hmm. Of course all of that went through my head in about 3.5 milliseconds, and I high-tailed it outta there like a little girl. I might have even heard that scream again, realizing it was me. Thank god there was no traffic on 54 at the time, cause I didn't stop until I was across the median.

This year, again, thanks to Ross Pieri for his help with the clubhouse décor and the entrance lights we always have a good time. And thanks to my buddy Frank Dascoli for his help with the lights and the clean up duty on Sundays. It's nice to have a ride along for the Sunday morning therapy. I gotta say that, every time I get out of the cart, him driving off and laughing is getting old... it was funny the first couple of times, but I'm getting tired of walking.. It is kinda funny though.

Lastly, Thanks to all of you in the neighborhood who take pride in their homes and appearance of the landscape, although it takes effort, you show that you care about the neighborhood and yourself. Don't think that people don't notice, we all do.
Happy New Year, Dan



Greetings, we hope all had a great Christmas and a Happy New Year. December's Christmas Supper Club was just wonderful, once again the food was fabulous. Our Supper Club is on the first Thursday of every month and our next gathering will be on January the 6th at 6pm.

The Supper Club provides all paper goods, salad, condiments, coffee tea and a door prize. The rotation will be A—K will have the Appetizers and Desserts and L—Z will have the Main Dish. Please make all recipes for at least 6 people and label them as we have some residents that are allergic to some foods. I do ask that you call me as soon as possible so I can even out the menu if need be. In an attempt to diversify the menu we will only except chicken entries from the first three residents that call. After the third chicken entree we will make other suggestions as to various other dishes that we need.

As always we want to thank all those who stay to help us clean up, we couldn't do this without you. To make a reservation you can call me at 372-9010 or email me at judyvento1@verizon.net We hope to see you on January 6 at 6pm— Judy Vento

Fellowship Committee

by Mary Ann LeViseur, 376-5627

Condolence card was sent to Mary Ann Carey on the death of her husband, Richard.

Let's start the new year with news. Your neighbors like to hear about births and confinements so that we may properly acknowledge them.

Kids' Wildlife Habitat Contest: www.fwfonline.org

The Florida Wildlife Federation announces the 2nd Kids' Wildlife Habitat Contest! A prize of a gardening book and a commemorative plaque will be awarded to the Floridian, age 12 or under, with the best wildlife habitat. Just tell us how your habitat provides food, water, cover, and a place to raise young. Teachers, note that schoolyard habitats are eligible. The winner will be featured on our website, in our newsletter and in local newspapers.

Gardening with native plants requires less water, fertilizer and insecticide, and is kind to the environment and requires less care. Schoolyard habitats are included as long as they are planted and maintained by the children. Certification by National Wildlife Federation is not necessary. Entries accepted through March 31, 2011. The award presentation is on Earth Day in late April. For more information and ideas, visit www.fwfonline.org, or email: patricia@fwfonline.org.

Fairway Springs Board Members

Officers:

- Scott Loveall**, President 727-376-0095
SLoveall@mac.com
- Brian Marinelli**, Vice President 727-271-1521
BrianLisa1@verizon.net
- Michael R. Stanley**, Treasurer 727-753-9160
fshoatreasurer@verizon.net
- Jacque Loveall**, Secretary 727-376-0095
ChefJacq@verizon.net

Directors:

- Pat Marsh**, Landscape & Maintenance 727-372-9288
PDRMarsh@aol.com
- Florence Weber**, Architectural Control 727-376-2001
hogan112@verizon.net
- Dan Helphrey**, Clubhouse Director 727-457-8751
DHelphrey@yahoo.com
- Welcoming Director please volunteer

Charlie Hobbick, Compliance Director 727-919-3451
FSHOAcompliance@verizon.net

Phone Book changes? Dan Helphrey DHelphrey@gmail.com

Fairway Springs HOA, Inc. 727-376-1278
3331 Player Dr. email:

FairwaySprings@verizon.net

Jones and Co., CPAs 727-845-4166
Annette Brandt, 2513 Seven Springs Blvd., Trinity, FL 34655

www.fairway-springs.com

FAIRWAY SPRINGS VOLUNTEERS

Dan Helphrey, Key Card Administrator 727-457-8751

FAIRWAY SPRINGS CLUB LISTING

- Bowling, Mary Ann LeViseur 727-376-5627
- Bridge Club, Pat Harris 727-376-1400
- Men's Golf, Larry Bishop 727-376-5518
Richard Long 727-372-9236
- Low-Impact Exercise, Donna Barbato 727-834-8640
- Pool Exercise, Joy Catanzaro 727-376-0580
- Supper Club, Judy Vento 727-372-9010
- Women's Club, Linda Maxwell 727-372-6123
- Lending Library (free), Sandy Braun 727-375-9393

DEADLINE

for articles in the next issue is
JANUARY 20! Please help us deliver on time.
 Late articles may be held until the next issue.



Editor/Ad Manager Gayle Benet
 Production Mgr. Susan Harms

The Fairway Springs newsletter is published by HOA Publishers, Inc., for all residents of Fairway Springs. We invite readers' comments. **Please include name, phone, and development name.** Anonymous letters will not be printed. Articles may be edited. Views and opinions expressed are those of the writers, not HOA Publishers. Letters are forwarded to the Board. We'd like to thank all the writers. Please support our advertisers, without them, we could not print the news.

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Women's
Club

**HAPPY NEW YEAR 2011
FROM THE FAIRWAY SPRINGS
WOMEN'S CLUB!**

We extend an invitation to the women of Fairway Springs to join with us in making new memories in 2011. Starting with the 1:00 pm January 3, 2011, meeting at the clubhouse, featuring our 27th Birthday Celebration. The program will be CURVES by Joanne Pieri. Hostesses for this meeting are Judy Vento and Katherine Murphy.

Everyone had a good time at the Holiday luncheon held at the Cypress Run Country Club, on December 16.

We are glad to hear from anyone who might have additional questions or comments pertaining to our club or events. You may reach President, Linda Maxwell at 372-6123.

Trinity Marine Facing Long Recovery

Justin Gaertner, a United States Marine from Trinity, FL, was on his third tour in Afghanistan, when he was hit by a remote IED bomb. He has suffered severe injuries to his head, arms, and has lost both legs. The government is only willing to pay for one trip for his family to visit him in Maryland, where he will be at Walter Reed Army Medical for at least 6 months for rehabilitation.

Justin graduated from Mitchell High School in Trinity. The Youth Football league is making efforts to help in any way they can, including holding fundraisers like a 5K run, and flag football tournament. A fund has been set up in Justin's name for traveling expenses and financial assistance for the family to be able to be with him during this long road to recovery. The Justin Gaertner Fund has been started at BB&T Bank, and all donations are welcome. The family is very grateful for all the support they have had. For more information on this local Marine, as well as the fundraiser, please visit www.trinitymustangs.org.

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Ask the Local Vet....

by Michael Amsberry DVM, St. Francis Pet Care Center

Q: Are Acorns toxic to my dog?

A: I've been getting this question a lot lately. It's a great question.

Wow, what a year for acorns. If the amount of acorns produced by our local oaks is predictive...we are in for cold winter. In short, eating acorns does not usually cause your dog to be poisoned but depending on how many and how well your dog chews...they can be problematic. There are some toxins found inside the acorn, but dogs are rarely affected by them. Our large animal friends seem to be much more sensitive. If chewed, then swallowed, your dog may experience intestinal upset and on rare occasion, liver or kidney irritation. Most usually what we see, is that in correlation with the number of acorns swallowed, they irritate your dog's stomach and intestines as they pass through. This may cause him to quit eating, some abdominal discomfort or even vomiting. The worst case scenario is that your dog may develop an obstruction which can easily be detected with Xrays. In any event, if he is showing acute, severe, or prolonged symptoms, it is best to have him evaluated and treated by your veterinarian.

What's Your Question? The Doctor is taking questions.

You may submit questions to our website, www.SFVET.US. Let us know if we could use your name and/or pet's name.



Adopt a Pet

Humane Society of Pinellas
3040 State Road 590
Clearwater, FL, 797-7722

Miss Katie is a 7 year old DSH with a well defined brown tabby coat. She loves being featured in our adoption center where she seeks attention from the visitors, is alert and loves to play. We believe she will be happiest in a home where she can become comfortable and feel in control of her environment. Katie can be a bit of an independent girl who needs an experienced and understanding caregiver to spoil her the way she knows she deserves!



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Secretary's Corner

by Jacque Loveall

Happy New Year, everyone! May it be filled with hope and prosperity for all of us. I hope the holidays were everything you wished them to be, I hope you kept warm in the recent freezing temperatures, and I hope that you and your family have a wonderful 2011!

There were no Board Meetings in December, so I have no minutes to summarize for you this month. Instead, I reviewed the survey one more time...

As you know, one of the duties of the Board of Directors is to enforce the Deed Restrictions. Sometimes, however, we are asked to enforce or correct issues that are not a part of our documents and beyond our jurisdiction as a board. The county is more likely to act if they hear from multiple residents than if they hear from just one or two board members.

I have constructed the following list of comments, made by residents on the recent survey, that **involve issues best reported to the county** instead of to the Board of Directors. [I have placed possible solutions in italics following the resident comment.]

- 1. Straighten street signs. Many are bent.** [Contact the county department of roads and bridges for all signage repairs.]
- 2. Cars should not be permitted to park as to restrict walking on sidewalks.** [Although each homeowner is responsible for the maintenance of the sidewalk in front of their residence, the county is responsible for setting the rules/enforcement for their use. Dated photos speak loudest at the county.]
- 3. Bordering Starkey/Orsi properties: guns are shot behind our homes; ATV's and motorcycles are run back there at all hours.** [Complaints about neighboring communities are best enforced by the county. Although we have made calls, we cannot enforce any activity that takes place outside of our own community, even when it is affecting our residents. The more complaints the county gets about a situation like this, the more interested they will become in resolving it.]
- 4. Demand a Community Liason Officer and more patrols.** [Again, the more complaints the county hears from our residents, the more likely they are to send more patrols to oversee any issues. They do not have the manpower to routinely show a presence, unfortunately.]
- 5. With only one bus stop, it is a long walk to the back of the development.** The bus stop issue is a big one for me. I know of several latchkey kids in the neighborhood and am aware of legal offenders here too, so shorter walks to children's homes might put parents' minds at ease. [Contact the school board, please. They control frequency of stops and locations within the community.]
- 6. When we have overnight guests and not enough parking, we wish they could park on the street but we realize that's a county ordinance.** [If you contact a board member, you can obtain a permit to have guest or yourself park a car in the clubhouse parking lot overnight.]
- 7. It annoys the residents I have spoken to, that in spite of complaints, people who own pets still let them out unleashed and walk their dogs, let them relieve themselves on our property where our children and grandchildren play and they don't pick up after them.** [Fill out form on county website to complain about pets/owners. It is a county ordinance to allow pets to be unleashed and to not pick up after them. A dated photo speaks most clearly to the county]
- 8. "No soliciting" should be enforced.** [Actually, the law says that each individual should place a "no soliciting" sign on their door to keep solicitors off personal property. It is not lawful to prohibit solicitors from working a neighborhood in its entirety. We do have a sign at our entrance to discourage solicitors, but cannot legally enforce it.]

Jacque's Recipe Box...

Happy New Year, everyone! Are you ready for taking on year, 2011? Did you know that, in order to maintain optimum health, it is recommended to eat 5 full servings (5 cups) of fruit and veggies daily? It's not always easy, is it? But if you place a simple fruit salad into the mix, your family can grab some for breakfast, lunch, and dinner! That should help!

Anytime Fruit Salad

29 oz. can of peach slices with juice
 20 oz. can pineapple chunks with juice
 3 oz. box dry vanilla instant pudding mix
 1 pound strawberries, stemmed and quartered
 2-3 bananas, sliced
 1 pint blueberries
 1 large bunch of red seedless grapes
 Place peaches and pineapple chunks with all their juices into a large bowl. Stir in dry pudding mix until completely dissolved in juices. Stir in rest of fruit just until coated.

Clip & Save!

You can cut and save this recipe for your card file or recipe book. Or, if you prefer, you can print this page from the newsletter online and save that copy. Visit www.HOApub.com

A-1



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Quotes on Dieting

submitted by Jacque Loveall

Many folks swear they will lose weight in the New Year...after gorging their way through the holiday. Doctors have told us to lose for better health. Whatever the reason, many have tried and failed. To help us keep a proper perspective on the proverbial "diet," I've gathered some quotes from some famous dieters.

"The cardiologist's diet: If it tastes good, spit it out."

— Unknown

"My doctor told me to stop having intimate dinners for four. Unless there are three other people." — Orson Welles

"When I buy cookies I eat just four and throw the rest away. But first I spray them with Raid so I won't dig them out of the garbage later. Be careful, though, because Raid really doesn't taste that bad." — Janette Barber

"No diet will remove all the fat from your body because the brain is entirely fat. Without a brain, you might look good, but all you could do is run for public office."

— George Bernard Shaw

"Rich, fatty foods are like destiny: they too, shape our ends." — Unknown

"Never eat more than you can lift." — Miss Piggy

"A diet is when you watch what you eat and wish you could eat what you watch." — Hermione Gingold

"I'm not overweight. I'm just nine inches too short."

— Shelley Winters

"A diet is the penalty we pay for exceeding the feed limit."

— Unknown

"The older you get, the tougher it is to lose weight, because by then your body and your fat are really good friends."

— Unknown

"The biggest seller is cookbooks and the second is diet books—how not to eat what you've just learned how to cook."

— Andy Rooney

Take Charge of Your Health!

submitted by Jacque Loveall

If taking better care of yourself is one of your New Year Resolutions, then this will help! In today's healthcare environment, it is essential that we remain aware of monitoring how we are doing...and not count on the doctors and specialists to do it all for us. So...mark your calendars, and set reminders in those "smart" phones, folks!

Here is a list of tests and the frequency at which they should be done.

Routine Physical: Annually, from age 18 on...even if you feel fine!

Cholesterol Level: Every 5 years (including children if overweight).

Colorectal Exam: Fecal Blood Testing annually; colonoscopy every 2-5 years beginning at age 50 (talk with your doctor).

Blood Pressure: Every 3-6 months if you are on medications for hypertension; annually, if not on blood pressure meds.

Prostate Exam: Digital exam annually at routine physical. PSA blood test annually if gland is enlarged or if family history shows incidence (more frequently if last test was borderline or suspicious).

Mammogram: Every 1-2 years after age 40; younger if family history indicates incidence. Monthly self-exams should happen in between scans.

Cervical Cancer Screening: Beginning at onset of sexual activity, every 1-2 years; after age 30, every 2-3 years. Testing may include a pap smear and/or an HPV DNA blood test.

Osteoporosis Screening: Bone Density testing should be ordered at annual physical on post-menopausal women, and on anyone who has a family history showing incidence. Certain drug therapies and conditions may require more frequent testing due to increased risk of bone loss.

Chlamydia Screening: Annually, from onset of sexual activity.

NOTE: If your health status changes due to pregnancy, autoimmune disorders, or a diagnosis of certain diseases or conditions, your physician may recommend additional testing or a different frequency than listed above. Be sure you understand what your doctor is telling you. Ask questions, take notes, and get a 2nd opinion on major issues. Then adjust your schedule to fit the plan. It's important...it's your health.

A Merry Christmas Tail

by Susan Harms

I wanted to share the following story with you....

My daughter adopted an unusual cat a few years ago, sharing "custody" with a friend. The cat they adopted from the Humane Society of N. Pinellas is named Socks, and could be considered a "special needs" kitty, she has just 3 legs. She is a beautiful long-hair black kitty with white paws and facial markings. We never knew what happened to her prior to the adoption, if she was born with just 3 legs, or had a tragic accident. She was housed at the Humane Society for over a year after being given up by her owner... apparently no one wanted a "broken" kitty.

My daughter was happy to adopt the cat, but we've had a family cat for years, who does not get along with others. Consequently, Socks (a.k.a. 3-Legs) had to live with the friend. While in his care, over a year ago, as a cruel prank, someone let a pit bull loose in his back yard where Socks often enjoyed playing in the sun. (She usually gets around quite well, even without a leg). The dog attacked the cat, and the injuries she sustained nearly killed her. A very kind local emergency doctor treated her, despite the friend's inability to pay for much of her treatment. Gratefully, with time and much TLC, Socks did heal.

We recently learned that the friend could no longer care for Socks, and we have since regained "custody" of the cat. A temporary home was set up with another friend, who also happens to own a pit bull puppy. This is a big playful puppy, and after 2 weeks of living there, everyone knew this was not going to work out. Poor Socks just cannot outrun this puppy's playful romps, and was at risk of unintentional injury, and certainly trauma. The puppy

(Continued on page 6)

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You Tube

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jan. 2011						1 <i>Happy New Year</i>
2	3 <i>Women's Club meeting 1pm</i>	9am League Bowling Lane-Glo 4 FSHOA Workshop Board Meeting 7 PM	5	Supper Club 6:00 pm (every first Thurs., Sept-April) 6	7 8am Men's golf/Links	8
9	10	9am League Bowling Lane-Glo 11 <i>Library Open 7-8pm</i> <i>Bunco 7PM call Sandy @ 375-9393</i>	12	13 Compliance Committee - (every second Thursday)	 14 <i>Blue Bag Recycling</i> 8am Men's golf/Links	15
16	17	9am League Bowling Lane-Glo 18	19	20	21 8am Men's golf/Links	22
23 30	24 31	9am League Bowling Lane-Glo 25 FSHOA Board meeting 7:00 pm	26	27	 28 <i>Blue Bag Recycling</i> 8am Men's golf/Links	29

A Christmas Tail (continued from page 5)

has chewed and destroyed Socks' brush, her water bowl, and her scratch pad.

When I learned of the problem, I called Gayle, my business partner. We have a small house/office in Palm Harbor where Socks could live in peace, and be comfortable with no other pets, and have company while we worked. So Socks moved in, and is settling into her new home.



Our Christmas gift came just a few days later from an online pet food delivery service. I order our pet food through Petflow.com. They offer good (often lower) prices and free shipping for larger orders. It makes my life easier.

When I received my auto-shipment of pet food from Petflow.com, along with my order and free samples, someone in their shipping department made a mistake, an accidental Christmas gift.... but one that makes me wonder if it was meant to be. We received an extra 3 cases of Friskies canned cat food. The rest of my order was fine, but I did not order and was not billed for these 3 cases.

My first thought was that perhaps this is a sign that we, collectively, did something good here. But this is much more food than one cat needs. After contacting Petflow.com, they agreed to allow me to donate the extra food to local pet shelters, the Humane Society of N. Pinellas and The Suncoast Animal League. Merry Christmas to all! Above is a picture of Socks, enjoying a relaxing moment in her new home. For more information on ordering pet food, visit www.petflow.com/invite/uu573212.

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FARMERS MARKET CLOSED 12/26! Sunday Morning Market will be closed after Christmas, but will be open other Sundays through May in Mere's Plaza, at Alt. 19 and Tarpon Ave., in Tarpon Springs. Local vendors, prepared foods, gourmet baked goods, greenery, seafood, and more, from 9a.m.-2p.m. For more information please contact Jerry at (727) 938-0078 or email: SundayMorningMkt@gmail.com.

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